

## What you should wear & carry

Please be prepared for the mountain weather, it changes quickly. These winter tours run in anything from -27C (-17F) to +10C (+50F). Wind chill can change the temperature dramatically and you will be outside for most of your tour.

To ensure that you enjoy the tour, please wear/bring:

- Thermals/base layers/long johns.
- Snow pants are essential as we will be walking in deep snow. Snow pants can be rented from stores in Banff such as Snowtips-Bactrax.
- A warm shirt or sweater.
- A winter jacket, ideally waterproof. Ski jackets can be rented from stores in Banff such as Snowtips-Bactrax.
- A hat and mitts.
- A neck warmer or scarf.
- Sturdy waterproof boots, ideally ones that go over the ankle as we will be walking in deep snow. Winter boots like Sorel, Baffin etc. are great. No trainers, sneakers, vans, ugg boots, or "dressy" boots. If you do not have waterproof boots, please contact our Reservations Team and we will check our stock levels or recommend a rental store such as Snowtips-Bactrax.
- A water bottle.